

0:00:00.0 Nicole Antoinette: I'm Nicole Antoinette, and this is Real Talk Radio, a podcast filled with honest conversations about everything. Friends, this is a tiny little minisode today. As those of you in our Patreon community already know, we are now entering the sweet and tender wrap-up phase of this podcast, which will be ending on July 21st. Saying that feels like just ripping off a Band-Aid. I'm just gonna go right in and say it. There will be a wonderful new full-length episode every other week for you until that date, starting next Wednesday, featuring guests, and conversations that I hope you truly enjoy and laugh with, and learned from as much as I did. Some past favorite guests are making a return as well as some first time guests, so I hope that you really like that. Ending this show feels bitter sweet to me and completely right. The past six years of making this podcast has changed my life in so many ways. It's changed my relationships, my self-esteem, my politics, my body image, and so much more. The conversations that we've had here in this space feel really beloved to me, and I'm celebrating the completion of the project as one in which I did exactly what I set out to do; fill the world with more honest conversations, particularly those conversations in which there are no easy answers, and we just share the questions, and talk through the hard questions.

0:01:33.8 NA: In well over 200 episodes, we asked a lot of those hard, good, juicy questions together. My guests and I told stories about work, love, sex, money, sobriety, friendship, racism, body image, adventurous living, mental health, grief, fear, big life changes, small life changes, and so much more. It's definitely not an understatement to say that this show has been one of the great joys of my creative life so far. And while this iteration of the podcast feels complete, I will admit that I don't at all feel done with podcasting, and I would love to have you in my Patreon community to help me build whatever comes next. I don't know what that's gonna look like yet, but we are co-creating it together, and if that's something that you would like to be a part of, you can find us at patreon.com/nicoleantoinette. It's a really sweet space, obviously undergoing some changes right now as the podcast wraps up, but it will always be a space that prioritizes honesty, honest conversations, intimacy and togetherness, and lots of possibility and magic.

0:02:38.4 NA: With thoughtful offerings that change every month and often include personal essays, live gatherings, podcast style audio content that isn't published anywhere else, in-depth group discussions and more. There is no limit to what we can create together in this space, and I'm honestly feeling really excited. It's cool not to know what's coming next, and to just trust that whatever it is, we're gonna make it and we're gonna make it together. So hopefully, I will see you there if that feels like a space that you would like to try, and in the meantime, please enjoy the final four episodes of Real Talk Radio, which will begin airing next Wednesday. Lots of love, and thank you. Seriously, thank you so much for being here with me along the way.

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